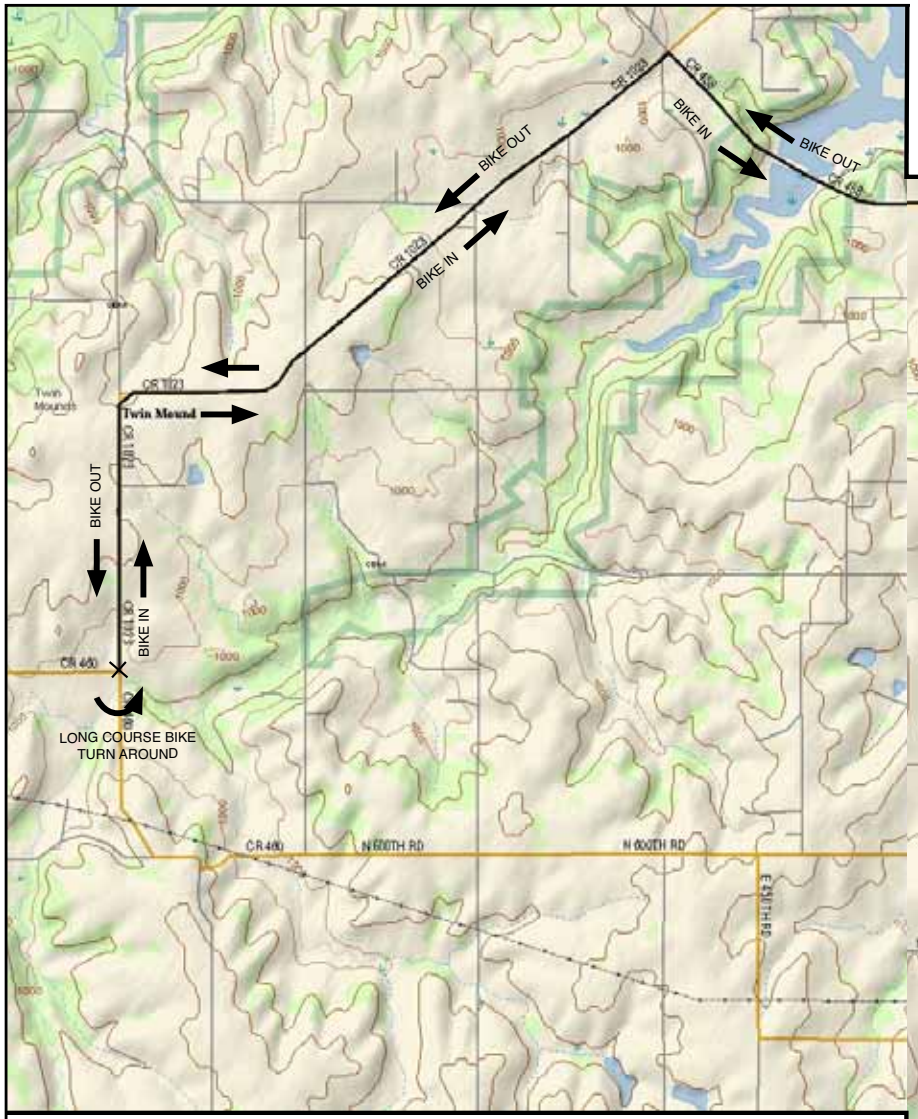
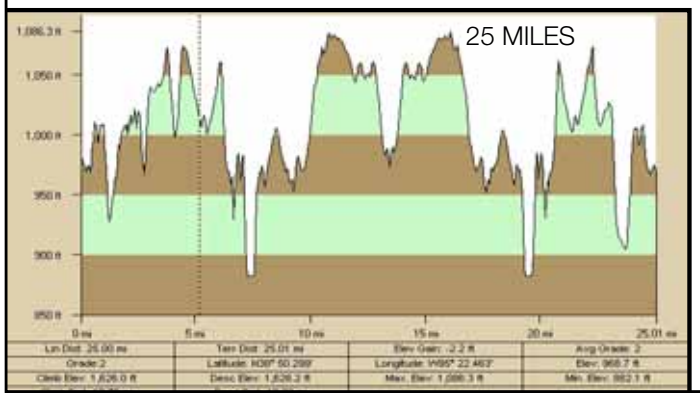
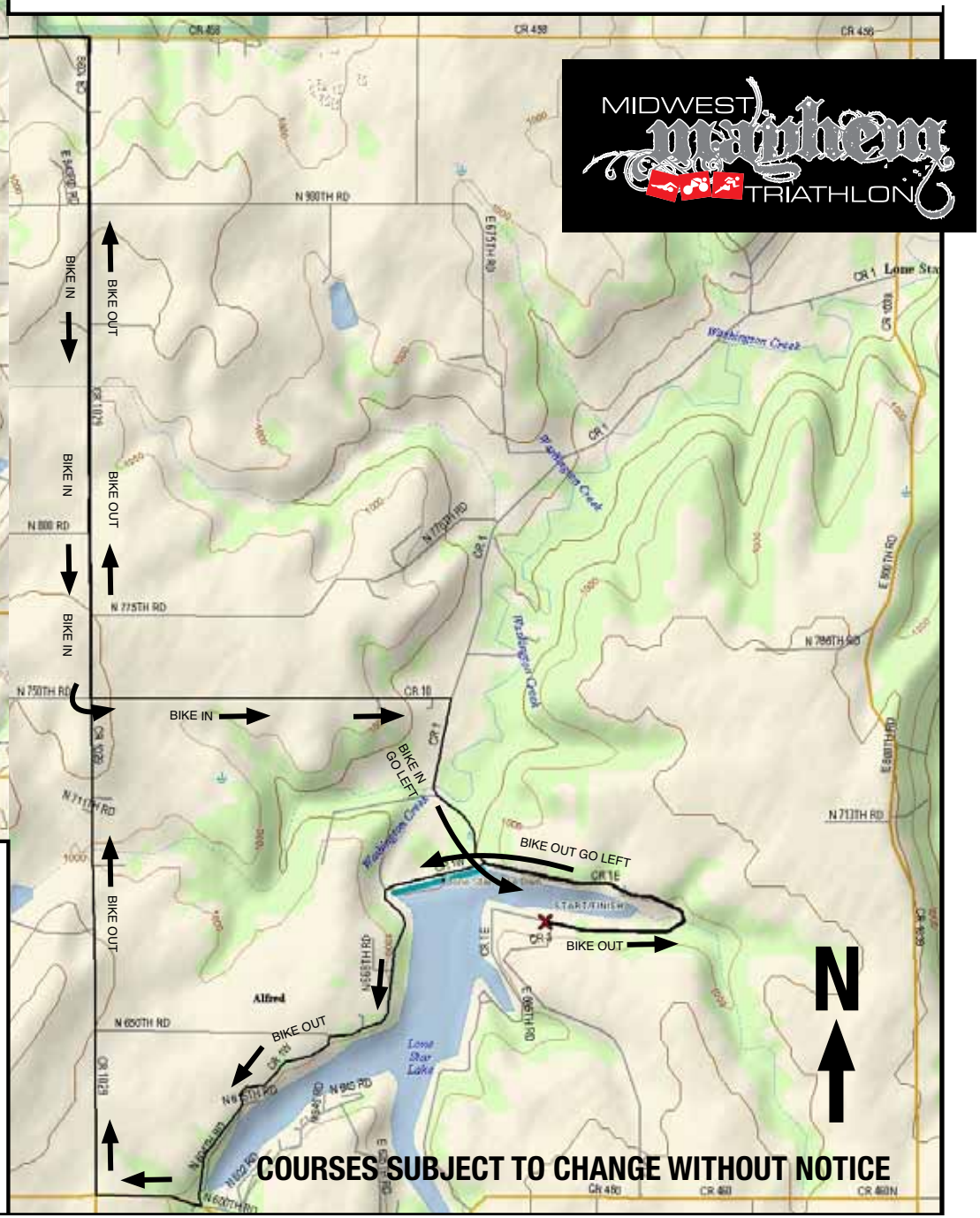
TRIATHLON LONG COURSE BIKE MAP

SWIM: 1.5 KILOMETERS • BIKE: 40 KILOMETERS • RUN: 5.96 MILES

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